

## **BAB V**

### **PENUTUP**

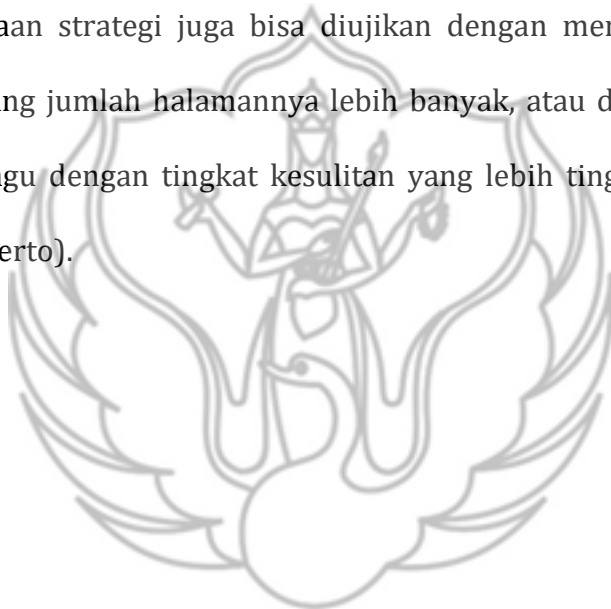
#### **A. Kesimpulan**

Penelitian yang dilakukan ini berhasil membantu mahasiswa dalam menghafal score musik dengan menggunakan strategi *a thirteen-week performance practice routine*. Secara umum, strategi ini dilakukan melalui enam proses utama yaitu memahami pesan komposer, membangun interpretasi, latihan teknis, visualisasi, *mock performances*, dan *performances*. Penggunaan strategi *a thirteen-week performance practice routine* berhasil membantu mahasiswa dalam menghafal score musik. Hal ini terjadi karena strategi *a thirteen-week performance practice routine* menggunakan empat jenis memori yaitu, *muscle memory*, *auditory memory*, *analytical memory* dan *visual memory*. Keempat memori ini merupakan elemen penting dalam proses menghafal score musik.

#### **B. Saran**

Peneliti berpendapat bahwa penelitian ini masih memiliki banyak ruang dan celah yang bisa diteliti dan diperbaiki. Untuk menguji keefektifan strategi ini dengan lebih maksimal, peneliti berpendapat bahwa kedepannya bisa dilakukan penelitian serupa. Saran yang diberikan peneliti apabila melakukan penelitian serupa:

1. Penelitian ini dapat dilakukan untuk instrumen musik selain piano, sehingga strategi *a thirteen-week performance practice routine* dapat dilihat sebagai sebuah strategi menghafal *score* musik.
2. Penelitian akan lebih baik apabila diakhir proses penelitian tidak hanya dilakukan *mock performances* saja, tetapi juga *live performances* yang ditonton khalayak umum.
3. Penggunaan strategi juga bisa diujikan dengan menggunakan repertoar musik yang jumlah halamannya lebih banyak, atau dengan menggunakan materi lagu dengan tingkat kesulitan yang lebih tinggi (sonatina, sonata, dan concerto).



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