

BAB V

PENUTUP

A. Kesimpulan

Dari hasil diskusi dan pembahasan mengenai interaksi perilaku nonverbal dalam pertunjukan kuartet gesek, dapat disimpulkan bahwa kelompok kuartet mahasiswa ISI Yogyakarta mengekspresikan pesan interaktif kepada sesama pemain menggunakan berbagai bentuk perilaku nonverbal seperti gerakan tubuh, kontak mata, ekspresi wajah, dan pernapasan, bahkan gestur instrumental untuk berkomunikasi dan berinteraksi saat pertunjukan secara langsung. Pemain mengonseptualisasikan struktur musik untuk mewujudkan perilaku tertentu yang dapat menerjemahkan maksud interpretatif ke sesama pemain. Melalui penggunaan perilaku nonverbal yang terkoordinasi dan pemahaman mendalam terhadap struktur musik, pemain kuartet mahasiswa dapat membangun keterpaduan dan sinkronisasi yang konsisten dalam pertunjukan mereka. Hal ini membantu dalam menjaga ketepatan temporal, interpretasi, dan koordinasi secara keseluruhan. Namun, interaksi nonverbal dalam pertunjukan musik tidak hanya terbatas pada aspek visual, tetapi juga melibatkan pengalaman intersubjektif pemain dalam membentuk makna musik bersama. Dengan demikian, interaksi perilaku nonverbal memfasilitasi kelompok kuartet mahasiswa mencapai sinkronisasi melalui gestur ekspresif, pemahaman struktur musikal, serta kesadaran kolektif dari niat dan tujuan bersama yang terhubung secara intuitif di antara para pemain.

B. Saran

Penelitian ini berangkat dengan studi kasus yang dibatasi oleh ruang dan waktu pada salah satu kelompok kuartet gesek mahasiswa ISI Yogyakarta, yaitu Ra'mandk String Quartet (RSQ). Selama proses penelitian, observasi yang dilakukan terbatas karena tidak bisa mengamati pertunjukan RSQ secara *real-time* saat penelitian ini berlangsung. Karenanya, penelitian ini memanfaatkan rekaman audio-visual dan dokumentasi yang ada untuk mendapatkan data pertunjukan yang tidak langsung. Selain itu, objek penelitian ini hanya membahas interaksi perilaku nonverbal pada kelompok mahasiswa, yang mana pengalaman dan tingkat keterampilannya masih bisa berkembang atau berubah sewaktu-waktu. Untuk itu, penelitian lebih lanjut disarankan untuk melengkapi kajian mengenai komunikasi nonverbal dalam konteks musik dengan berbagai pendekatan dan jenis metode menggunakan kerangka teoretis yang berbeda, atau bahkan menguji kelompok ansambel lainnya seperti kuintet tiup, *string* trio, dan sebagainya. Selain itu, penelitian selanjutnya mungkin dapat mengintegrasikan data dari sistem *tracking* menggunakan teknologi optik seperti MoCap (Motion Capture) untuk analisis terhadap gestur ekspresif yang lebih akurat. Oleh karena itu, penelitian ini diharapkan dapat dijadikan rujukan dan berkontribusi untuk lingkup ilmu pengetahuan musik melalui perspektif disiplin ilmu psikologi sosial mengenai interaksi perilaku nonverbal dalam pertunjukan kuartet gesek.

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Narasumber Wawancara

Wawancara dengan Risang Agus Rahmanto, pemain biola Ra'mandk String Quartet, pada tanggal 1 Desember 2022 di ISI Yogyakarta.

Wawancara dengan Raden Nestasharaji Widyastomo, pemain cello Ra'mandk String Quartet, pada tanggal 1 Desember 2022 di ISI Yogyakarta.

Wawancara dengan Gabriel Waskitha Kurniawan, pemain viola Ra'mandk String Quartet, pada tanggal 2 Desember 2022 di ISI Yogyakarta.

Wawancara dengan Saynediva Al Fatah Putra, pemain biola Ra'mandk String Quartet, pada tanggal 10 Desember 2022 via WhatsApp.