

BAB VII. KESIMPULAN

Metode alternatif berlatih bagi musisi yang cedera permanen berbeda dengan metode berlatih konvensional dalam hal: jika metode konvensional menekankan penguasaan teknis sebagai titik berangkat untuk bisa menghadirkan pengalaman kenikmatan bermain gitar, metode yang dipakai musisi yang mengalami cedera permanen berupaya menghadirkan kenikmatan bermain gitar melalui usaha menemukan cara bermain yang paling sesuai dengan individu masing-masing.

Memang tidak penulis pungkiri bahwa hal ini (menemukan cara bermain yang sesuai dengan kita) menuntut penguasaan teknik dasar bermain gitar. Namun, terlepas dari fakta tersebut, penulis ingin menekankan bahwa sebaiknya kita sebagai pemain gitar tidak secara berlebihan memberikan penekanan fokus pada aspek teknis dan melupakan aspek lainnya. Setiap aspek perlu mendapatkan perhatian dalam porsinya masing-masing, sehingga manakala salah satu aspek mengalami kendala, gairah bermain gitar kita tidak lantas menguap begitu cepat.

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