

BAB IV

KESIMPULAN DAN SARAN

A. Kesimpulan

Teknik vokal *scream* pada dasarnya sama seperti bernyanyi. Hanya saja warna suara yang di hasilkan berbeda dengan teknik vokal yang banyak dikenal di masyarakat. Teknik vokal *scream* juga membutuhkan motor sebagai penggerak suara yang berguna untuk menggerakkan dan mendorong udara dari paru-paru sehingga udara mampu menggetarkan pita suara dan menghasilkan *scream*. Paru-paru, pangkal tenggorokan (*laring*), batang tenggorokan (*pharynx*), dan sekat rongga badan (*diaphragm*). Pernapasan yang di gunakan di dalam *scream* adalah pernapasan diafragma (sekat rongga badan). Mekanisme pembentukan suara tersebut memiliki kemiripan dengan mekanisme produksi suara pada olah vokal klasik, karena aspek-aspek olah vokal yang terlibat seperti motor (pernafasan), vibrator, resonator, articulator, pitch dan intonasi hampir semuanya sama. Kecuali dalam cara menghasilkan suara yang menjadi kasar dan menggeram namun tetap bernada. Teknik vokal *scream* merupakan keterampilan yang membutuhkan totalitas berlatih seperti olah vokal klasik.

Pita suara merupakan organ penting dalam melakukan *scream*. Pita suara adalah otot dan apabila digunakan secara berlebihan maka akan terjadi cedera. Oleh karena itu menyeimbangkan udara yang tersimpan di dalam paru-paru dan pergerakan pita suara penting di dalam melakukan *scream*. Terlalu banyak dan kurangnya tekana udara di dalam paru-paru menyebabkan pita suara bekerja lebih

keras. Memaksakan kinerja pita suara membuat pita suara menjadi bengkak, sehingga suara menjadi serak.

Melissa Cross mengategorikan jenis vokal *scream* menjadi tiga macam (*false cord*, *fry*, dan *death*). Dari tiga macam jenis vokal *scream* ini dapat di bedakan dari artikulasi yang di hasilkan. Pada jenis vokal *scream false cord*, artikulasi yang di hasilkan cukup jelas. *False cord* dapat di jumpai dalam genre musik Trash Metal. Sedangkan pada *fry* dan *death*, artikulasi yang di hasilkan kurang begitu jelas. Bahkan pada jenis *scream death* tidak dapat membentuk pitch dan intonasi. *Fry* biasanya dapat kita jumpai dalam genre musik Metal Core. *Death* dapat kita jumpai dalam genre musik *Death Metal*.

B. Saran

Penulis memiliki beberapa saran untuk pengembangan teknik vokal *scream*, yaitu:

Kiranya teknik vokal *scream* dapat dikembangkan dalam penelitian selanjutnya dalam metode kualitatif. Sebagai sebuah penelitian awal yang bersifat rintisan tentang teknik vokal *scream* di Jurusan Musik Institut Seni Indonesia Yogyakarta, tentu masih banyak kekurangan sehingga dapat dikembangkan pada penelitian berikutnya.

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Melissa Cross Vocal Studio <mcrossinfo@gmail.com>
to me

4/21/14



Hey Mukablis,

This message is from Melissa...

Funny how there is no book about screaming. It is because the vocal teaching community has been profoundly delayed in addressing the subject, despite the fact that it has appeared in contemporary commercial music (official term: "CCM") for decades. That is because the vocal teaching community has been reluctant to regard such a sound as acceptable vocal production. The majority of vocal teachers remain exclusive to classical and Broadway vocalization styles, and that is changing slowly but surely. It is certainly not in the books about singing, because the term "singing" has for centuries pertained to a pleasant sound used for producing musical pitches in the most pure and pleasant way. Singing, in the traditional definition of the word, happens when the vocal folds in the larynx vibrate a certain cycles per second to produce a designated pitch. That pitch can be attractively augmented by resonators in the pharynx and sinuses and combined with other pitches and an emotional impetus by the singer to create music.

Screaming, on the other hand, is considered as a chaotic vibration (the official scientific term is "chaos") which creates "noise". The vocal folds do not exclusively vibrate at cycles per second. The scientific term for this vocalization has for decades been "noisy" singing. Noisy singing has been regarded as undesirable and something that needs to be remedied by behavior modification, or surgery if the noise is happening because of a vocal injury.

That's where I came in. I was inundated with students for whom screaming was an integral part of their vocal style. They went from teacher to teacher only to be told to "just stop doing that." And no one knew how to produce that sound without probably vocal abuse. I have not written the book, but I have researched and studied it tirelessly from a scientific point of view for over a decade. My objective with creating my DVDs was to help more people than I could possibly reach personally with a primer on ways to create the sound and still maintain vocal health.

A book about screaming would be remiss if it did not address the acoustic principles of noise and chaos. In comparison to the traditional modality of "singing", this is a complicated issue, wherein there is literature available, however, the literature requires background in order to fathom. It would also need to address the "how to" and compare harmful screaming to the method in which it can be accomplished without injury. Vocal damage occurs when there is an overuse of the muscles in the larynx. That pressure can be corrected with learning how to balance the breath pressure to alleviate the stress. That is the same as it is with regular singing, however there are some contextual differences when one is looking to address different kinds of screaming.

Perhaps I will write the book, or at least help someone else write it. I believe that I am considered the "go to" on this matter at the moment. Although I do not have a book, I am available for any of your questions by email and I would hope that will suffice in this day and age of delayed vocal pedagogy on the topic.

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LAMPIRAN

Wawancara melalui email dengan Melissa Cross
(Sumber : <https://mail.google.com> tanggal 10 juni 2014)



Foto Melissa Cross
(Sumber : <http://www.singers.com/vocal-coach/Melissa-Cross/> tanggal 10 juni
2014)



Foto murid Melissa Cross D.
(Sumber : Video *The Zen of Screaming* tanggal 10 juni 2014)



Foto murid Melissa Cross
(Sumber : Video *The Zen of Screaming* tanggal 10 juni 2014)



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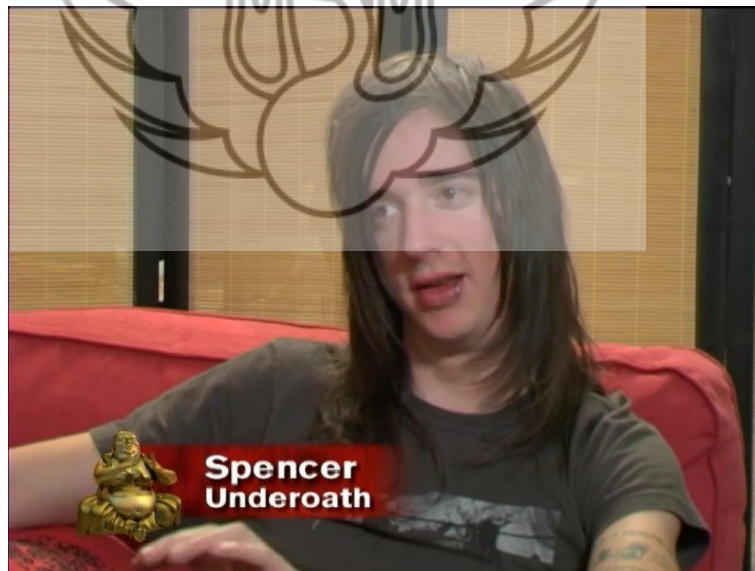


Foto murid Melissa Cross
(Sumber : Video *The Zen of Screaming* tanggal 10 juni 2014)



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Foto murid Melissa Cross
(Sumber : Video *The Zen of Screaming* tanggal 10 juni 2014)



Foto pada saat Randall Blythe Lamb God Pentas
(Sumber : Video *The Zen of Screaming* tanggal 10 juni 2014)



Foto Angela Arch Enemy pada saat pentas
(Sumber : Video *The Zen of Screaming* tanggal 10 juni 2014)