LAMPIRAN

UPT Perpustakaan ISI Yogyakarta

PERUBAHAN JADWAL LATIHAN

KARYA TARI *"NYAI RANDA"*

Bulan Juni						
1 Garap segment satu	2 Garap segment satu	3 Garap segment satu	4 Garap segment satu	5 Garap segment satu	6 Garap dengan musik	7 Garap dengan musik
8 Garap segment dua	9 Garap segment dua	10 Garap segment dua	11 Garap segment dua	12 Garap segment dua	13 Garap dengan musik	14 Garap dengan musik
15 Garap segmen tiga	16 Garap segmen tiga	17 Garap segmen tiga	18 Garap segmen tiga	19 Garap segmen tiga	20 Garap dengan musik	21 Garap dengan musik
22 Garap segmen empat	23 Garap segmen empat	24 Garap segmen empat	25 Garap segmen empat	26 Garap segmen empat	27 Garap segmen empat	28 Garap dengan musik
29 Garap dengan musik	30 Take video semua segmen	1 Editing video	2 Pengumpulan deadline karya dan tulisan	3		

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Sinopsis

Karya tari ini terinspirasi dari kegelisahan penata dalam menghadapi stereotip masyarakat terhadap perempuan berstatus janda. Stereotip terhadap janda secara psikologis berdampak pada kondisi yang dialami penata sehingga menjadi minder, tidak percaya diri, mudah tersinggung, malu, traumatik dan bisa berujung depresi. Tidak mau terus menerus larut dalam sifat negatif maka teori resiliensi menjadi terapi penata untuk menyembuhkan traumatik akibat stereotip masyarakat.

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BIODATA PENATA

Nama : Dhea Indres Narulita

Nama Panggilan : Indres

Tempat Tanggal Lahir: Bogor, 17 Juni 1993

Email : Dheaindresnarulita@yahoo.com

Instagram : Dheaindress

Facbook : Dhea Indres Narulita

No Hp : 082133295851

NAMA PENDUKUNG KARYA

Penata Tari : Dhea Indres Narulita

Penata Musik : Zaeko

Penari : Dhea Indres Narulita

Rizky Amalia Dian S

Devi Oktavia Rama

Devitri Safitri

Ni Made Oliftyansi Santi Dewi

Dea Tri Rahmawati. y Agustin

Stage Manager : Wisnu Dermawan

Camera man : Saputro Dewo Santoso

Crew : Joko Fernando

Maulana Sidik

Ujang Nia

Chorine Nur Shofa

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FOTO PENDUKUNG

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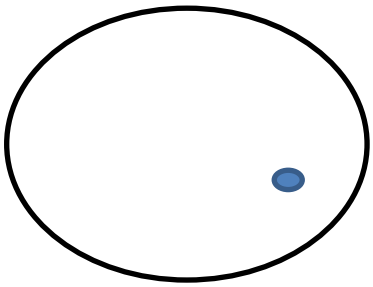
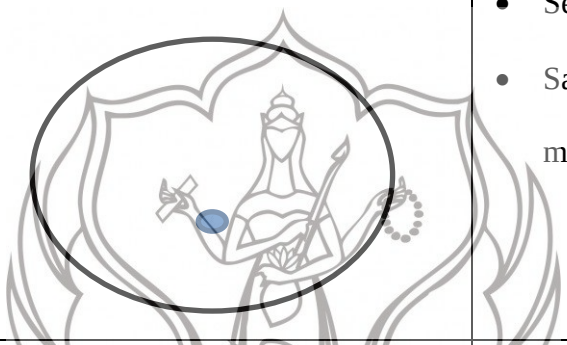
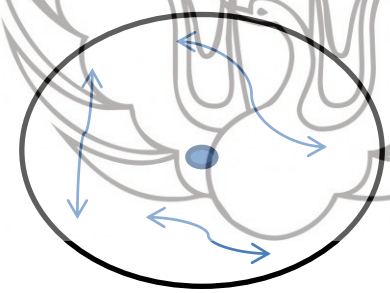
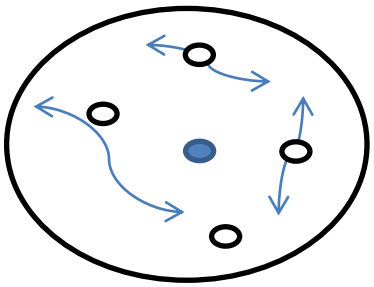
Gambar Pola lantai

NO	POLA LANTAI	KETERANGAN
1.		• **Introduksi** Satu penari janda dengan motif gerak pertengkaran
2.		• Segment 1 • Satu penari janda dengan motif gerak pertengkaran
3.		• Segment 1 • Penari janda berlari dengan motivasi tetap menjalani hidupnya
4		• Segmen 2 • 4 penari merepresentasikan sebagai masyarakat mulai masuk area pementasan dengan motivasi dari stereotip terhadap janda

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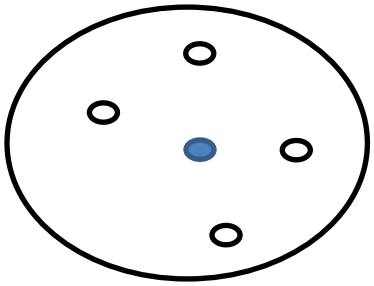
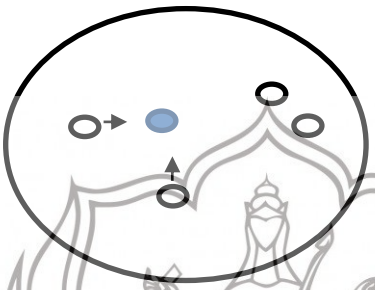
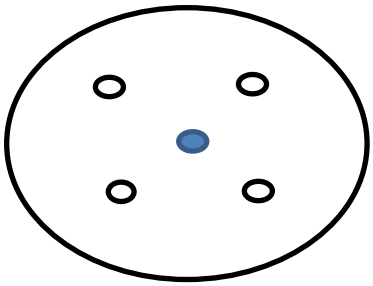
NO	POLA LANTAI	KETERANGAN
5.		• Segmen 2 • Motif gerak stereotip kepret •
6.		• Segmen 2 • Gerak motivasi stereotip terhadap janda
7.		• Segmen 2 • Masih gerak stereotip kepret yang dikembangkan keadaan janda yang dikucilkan
8.		• Segmen 2 Satu penari janda dengan motif gerak pertengkaran

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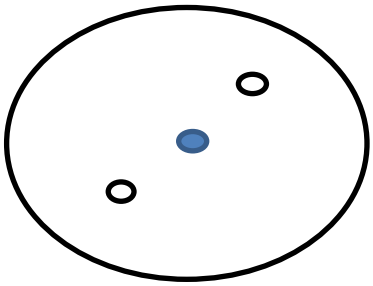
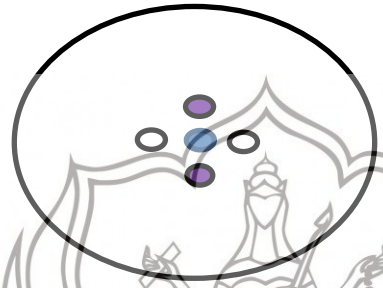
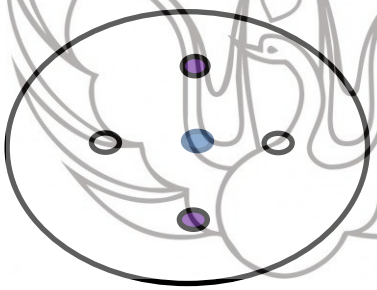
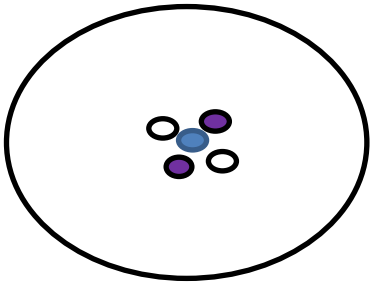
NO	POLA LANTAI	KETERANGAN
9.		• Segmen 2 • Dua penari menarik properti kain putih
10		• Dua penari menarik properti kain putih • menyusul 2 penari yang menarik properti kain berwarna ungu
11		• **Gerak motif** stereotip pelecehan seksual terhadap janda dengan gerak rampak silmutan
12		• Segmen 2 • Motivasi gerak masyarakat yang membicakan hal negatif terhadap janda

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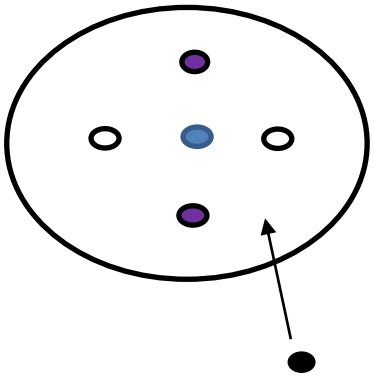
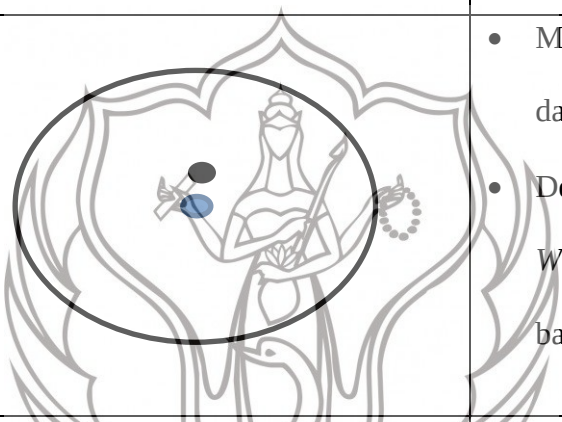
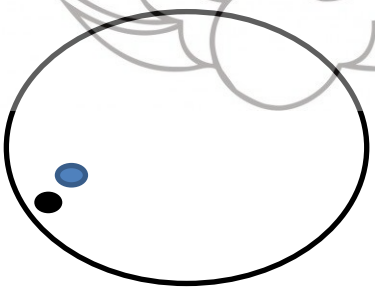
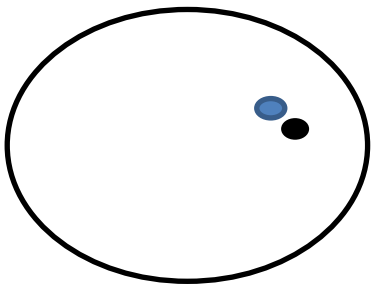
NO	POLA LANTAI	KETERANGAN
13		• Segmen 3 • Mulai masuk 1 penari yang merepresentasikan sebagai sifat negatif yang muncul di janda
14		• Motif muncul sisi negatif dampak stereotip • Dengan properti plastik *Wrap* yang dililitkan ke badan penari janda
15		• Motif muncul sisi negatif dampak stereotip • Dengan properti plastik *Wrap* yang dililitkan ke badan penari janda
16		• Motif muncul sisi negatif dampak stereotip • Dengan properti plastik *Wrap* yang dililitkan ke badan penari janda

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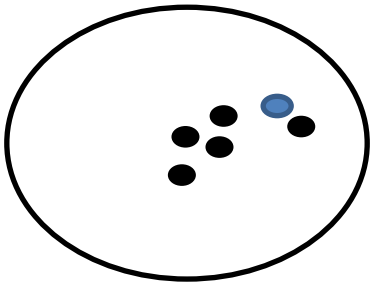
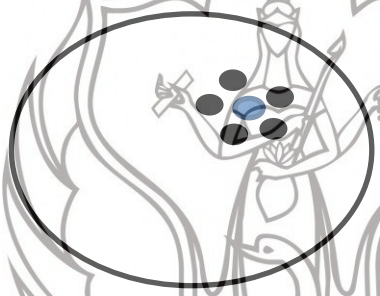
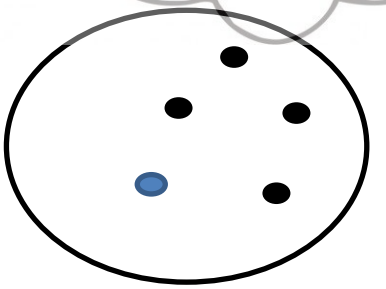
NO	POLA LANTAI	KETERANGAN
17		• Segmen 3 • Dengan gerak Motif 6 sisi negatif • Keadaan semua penari terlilit dengan properti kain ungu
18		• Motif tidak percaya diri
19		• Segmen 3 • Motif tidak percaya diri

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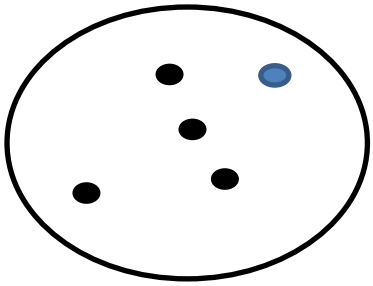
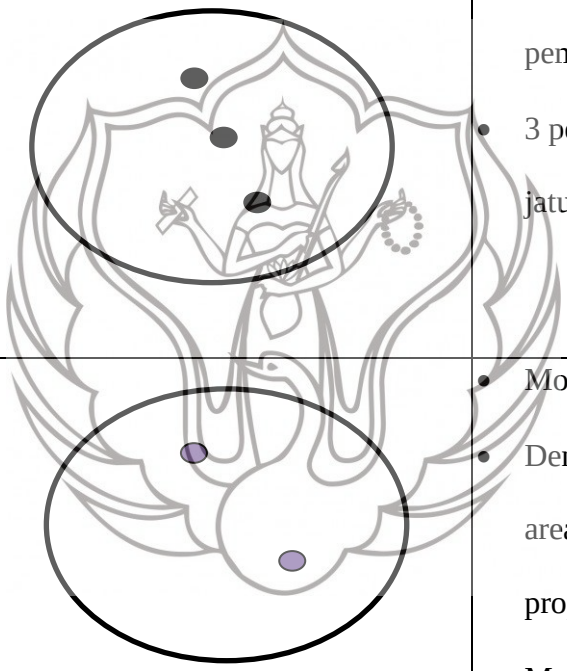
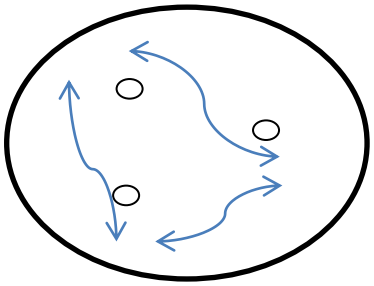
NO	POLA LANTAI	KETERANGAN
20		• *Focus two on point*
21		• 2 penari keluar area pementasan • 3 penari menarikan motif jatuh bangun yang
22		• Motif perjuangan • Dengan keadaan 2 penari di area pementasan terlilit properti kain berwarna ungu • Motivasi gerak berjuang untuk melepaskan dampak dari stereotip
23		• *Chaos* gerak motivasi melepaskan sifat negatif

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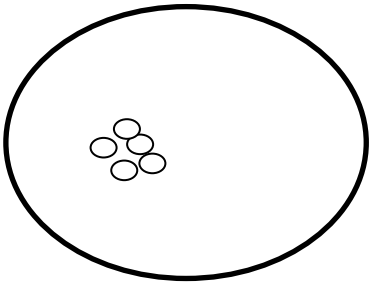
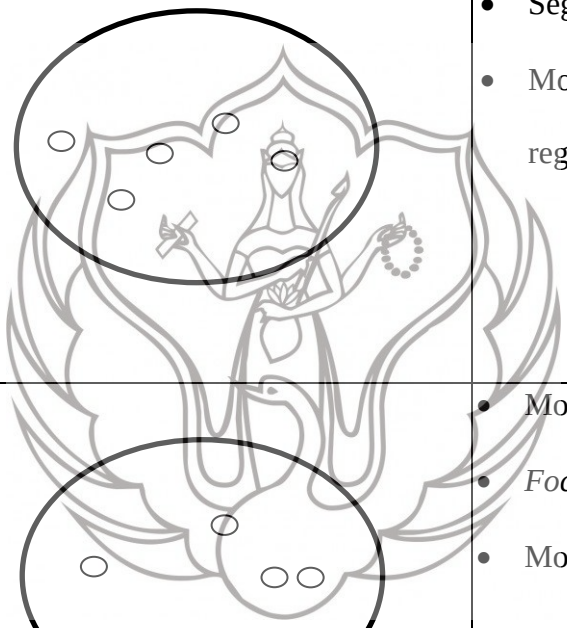
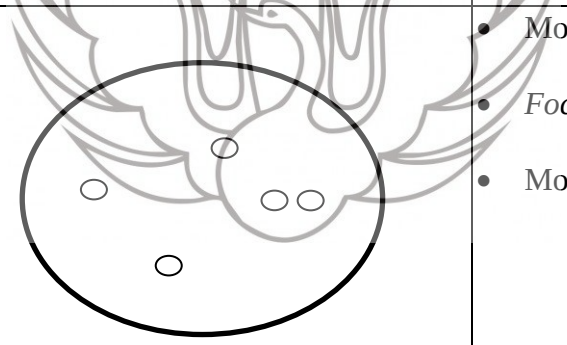
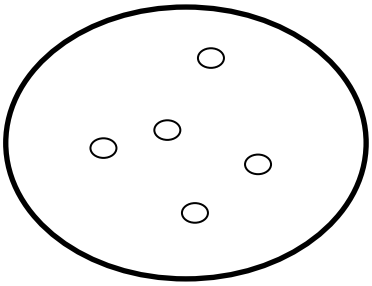
NO	POLA LANTAI	KETERANGAN
24		• Segmen 4 • Permainan level • Dengan motivasi berdoa
25		• Segmen 4 • Motif meditasi resiliensi regulasi emosi
26		• Motif resiliensi • *Focus tri on point* • Motif pengendalian impuls
27		• Bagian ending • Motif peningkatan aspek positif • Dengan properti kertas putih berjatuhan dari atas pohon

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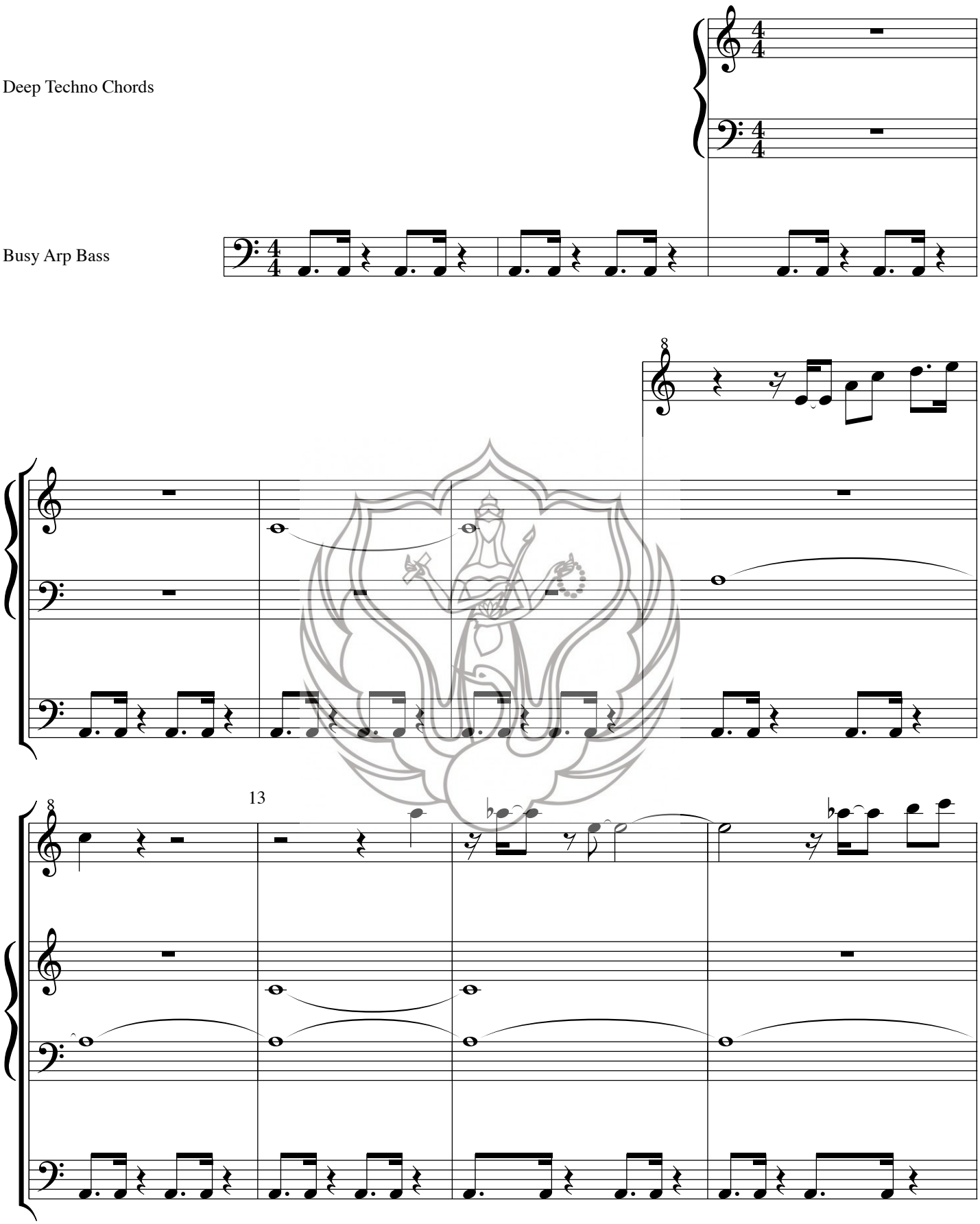
Deep Techno Chords

Busy Arp Bass



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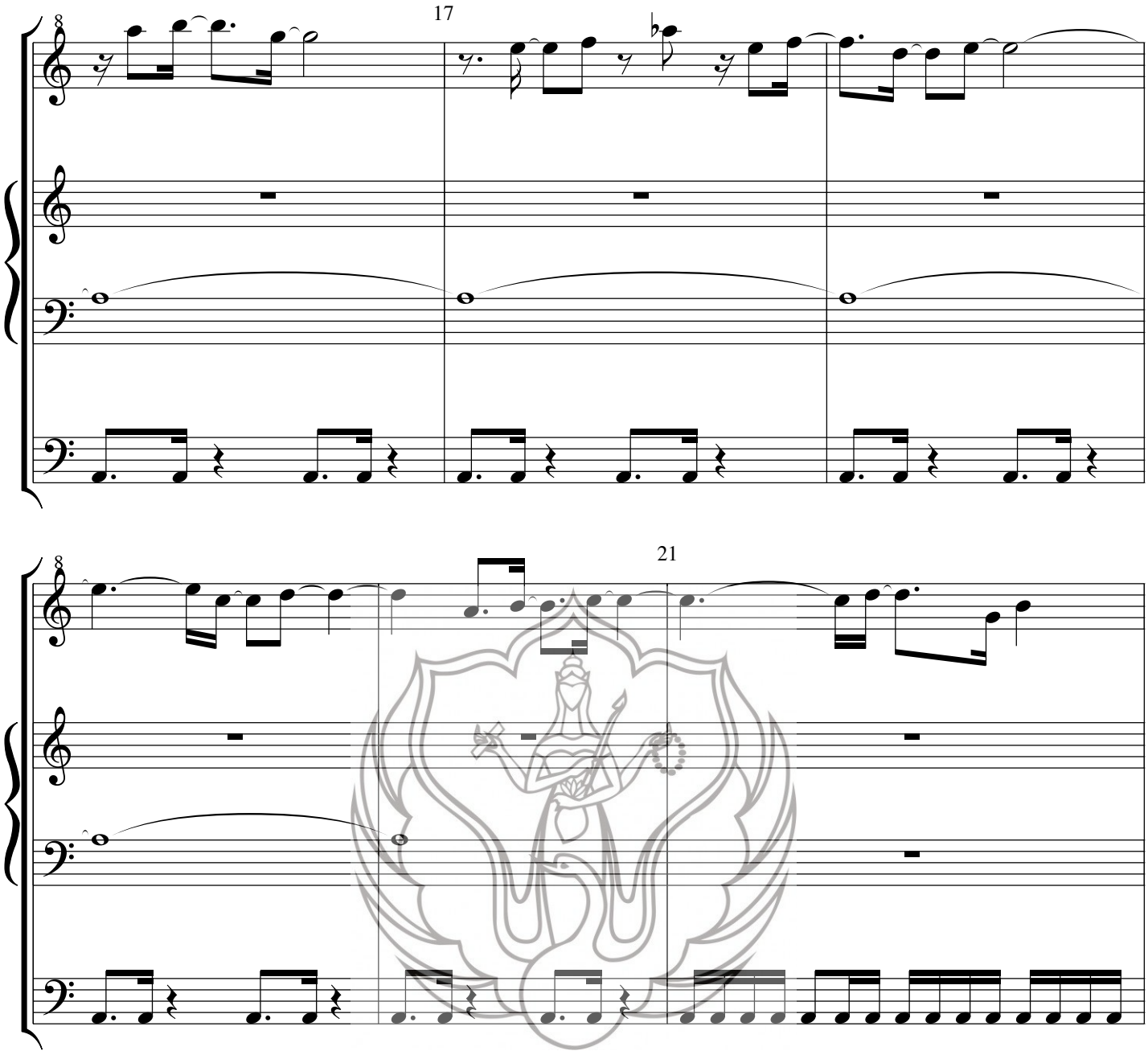

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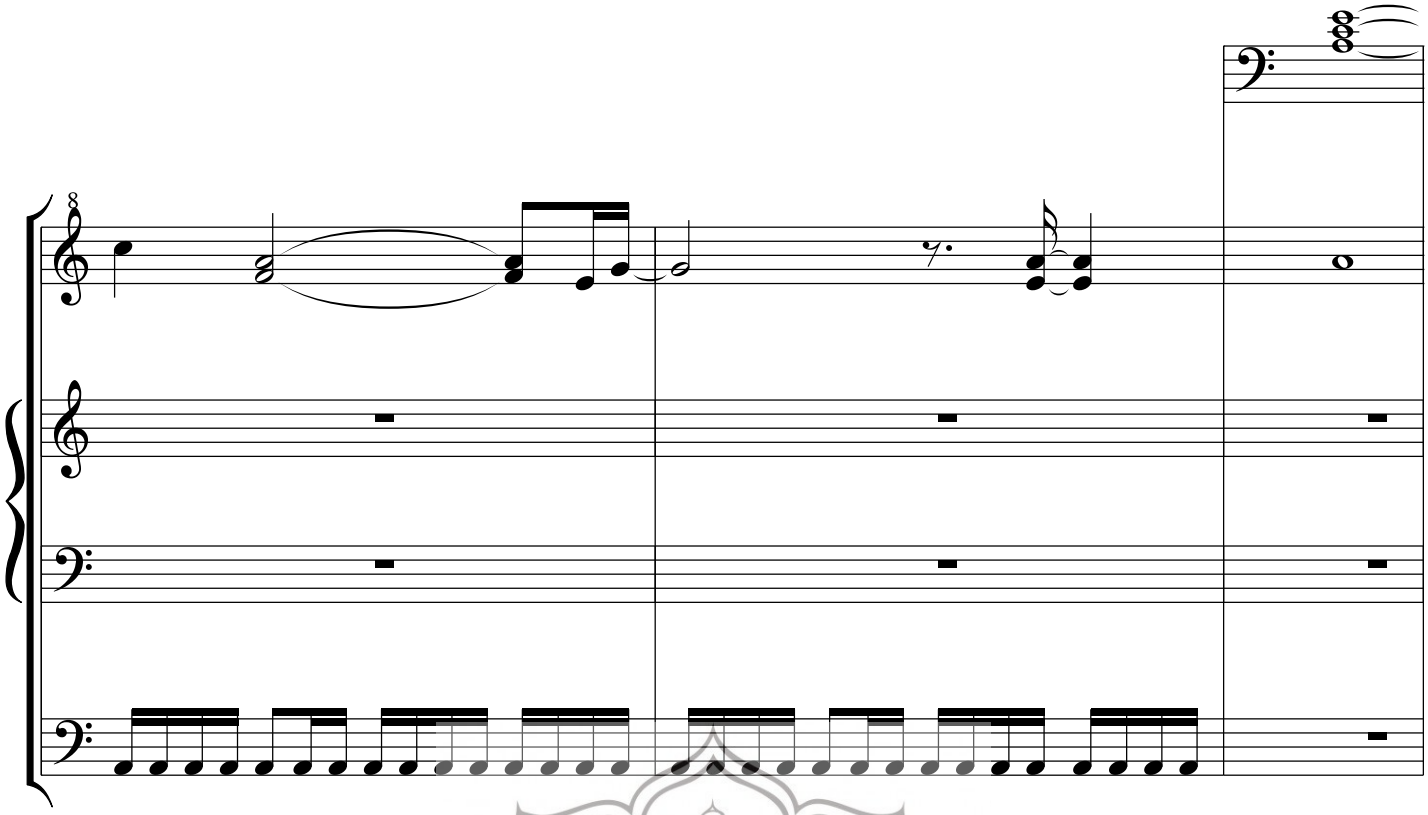

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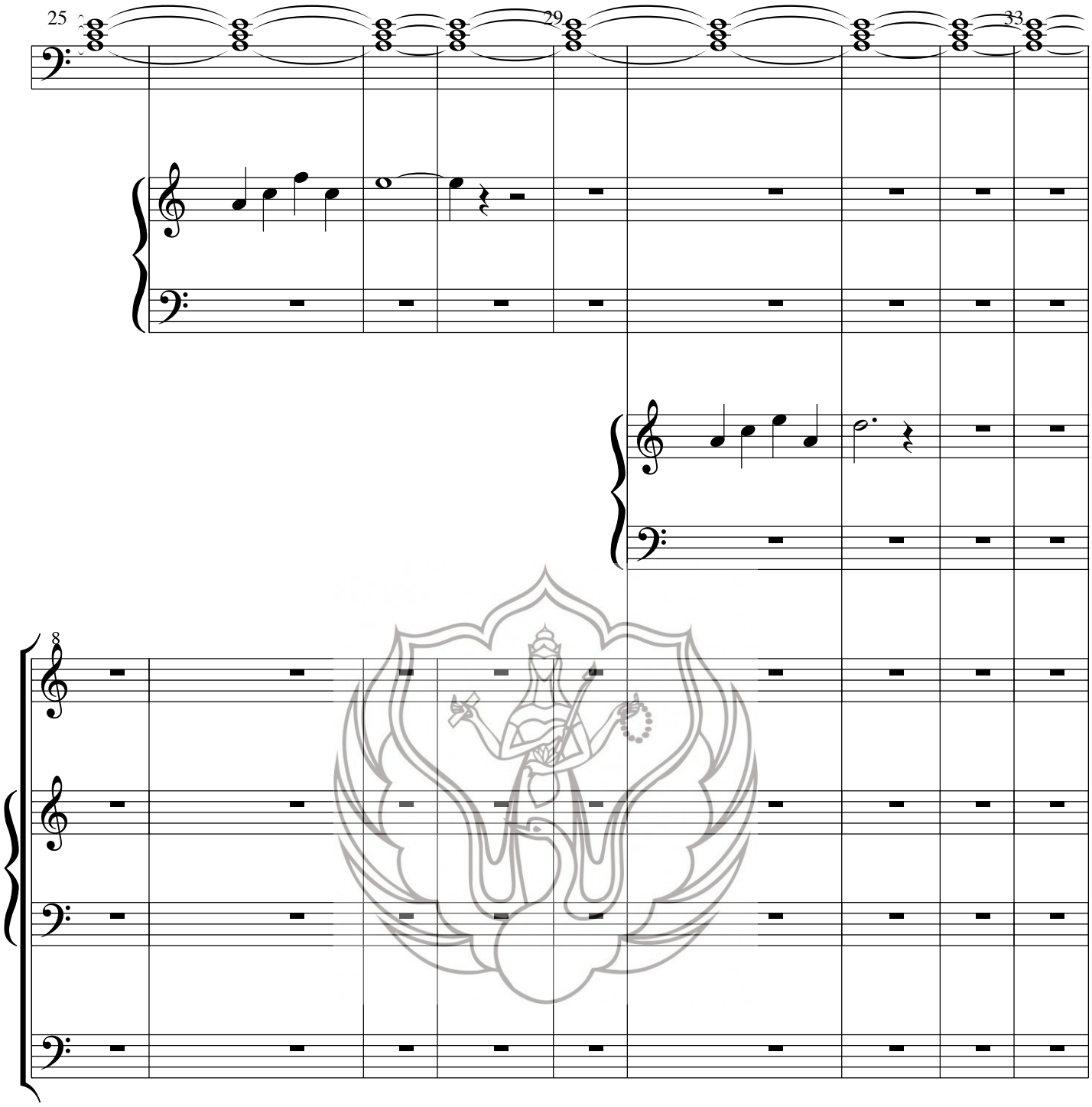

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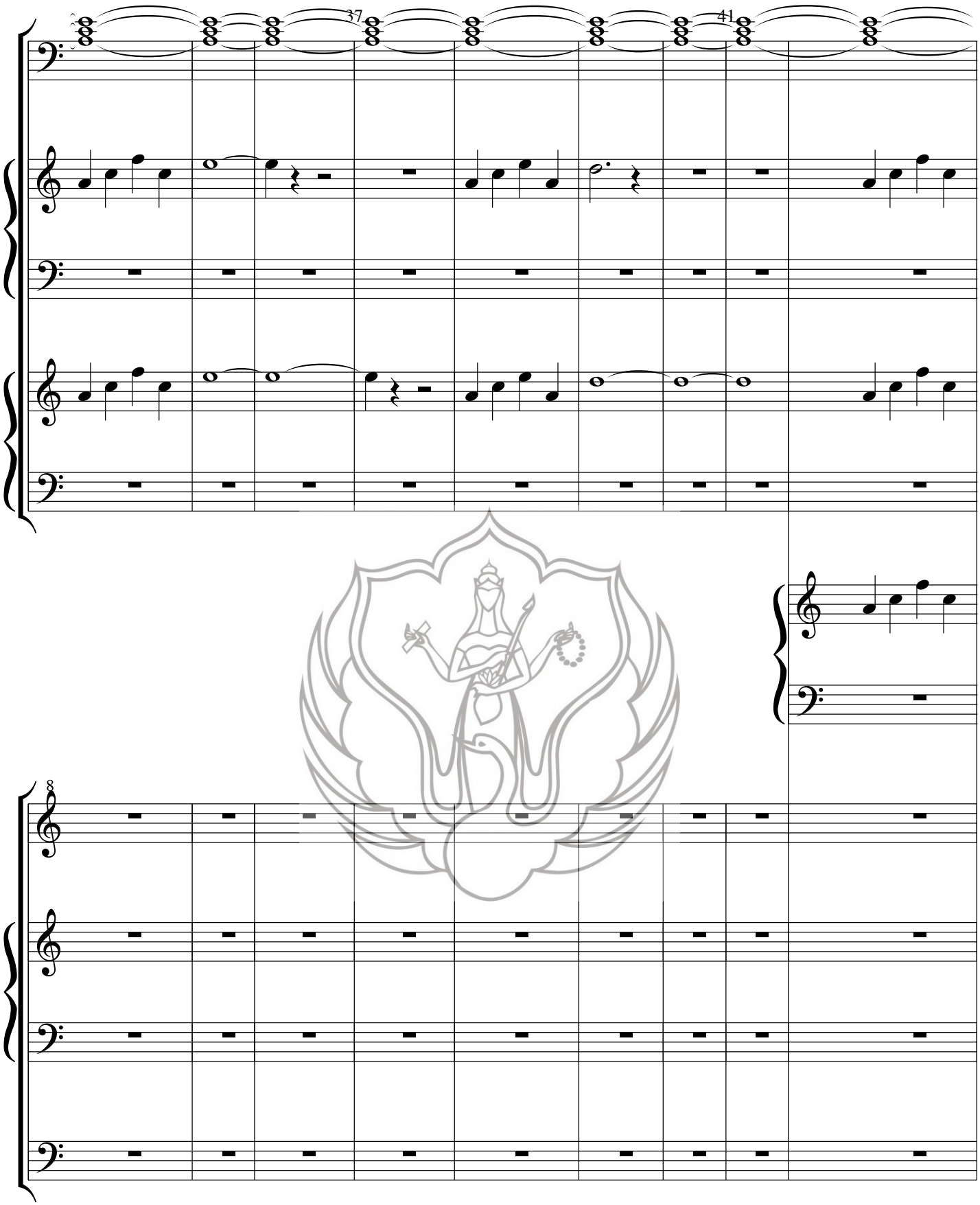

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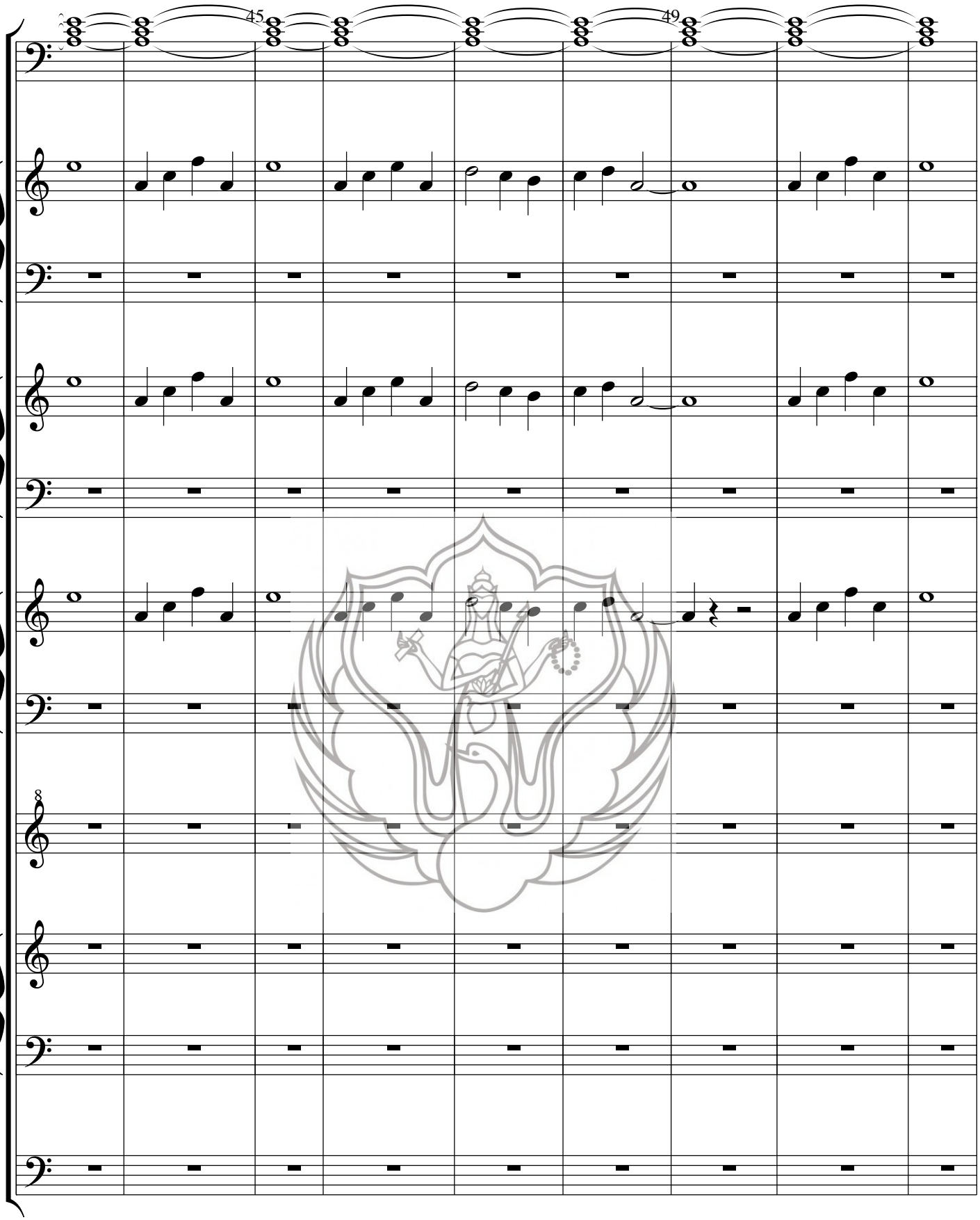

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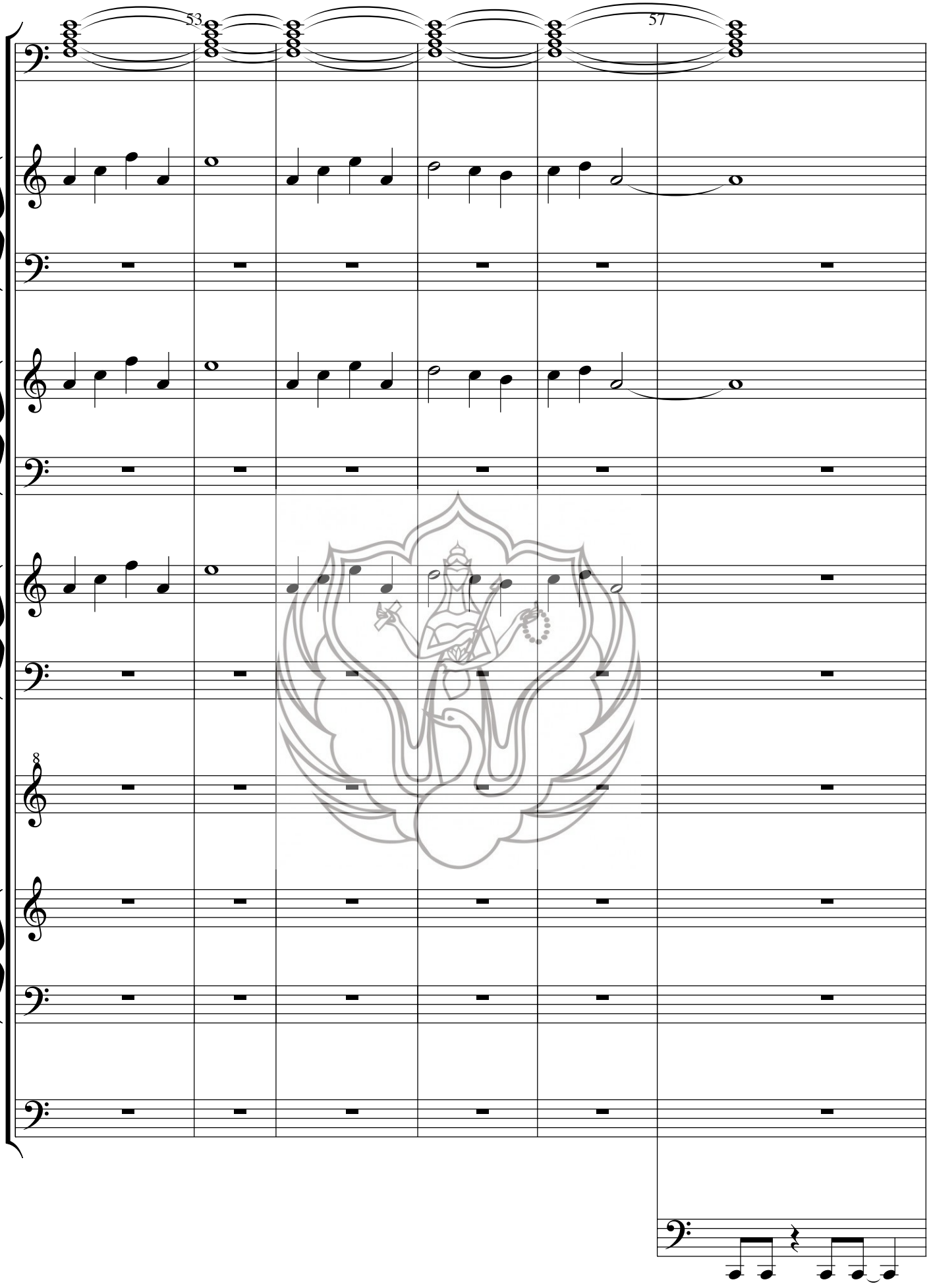

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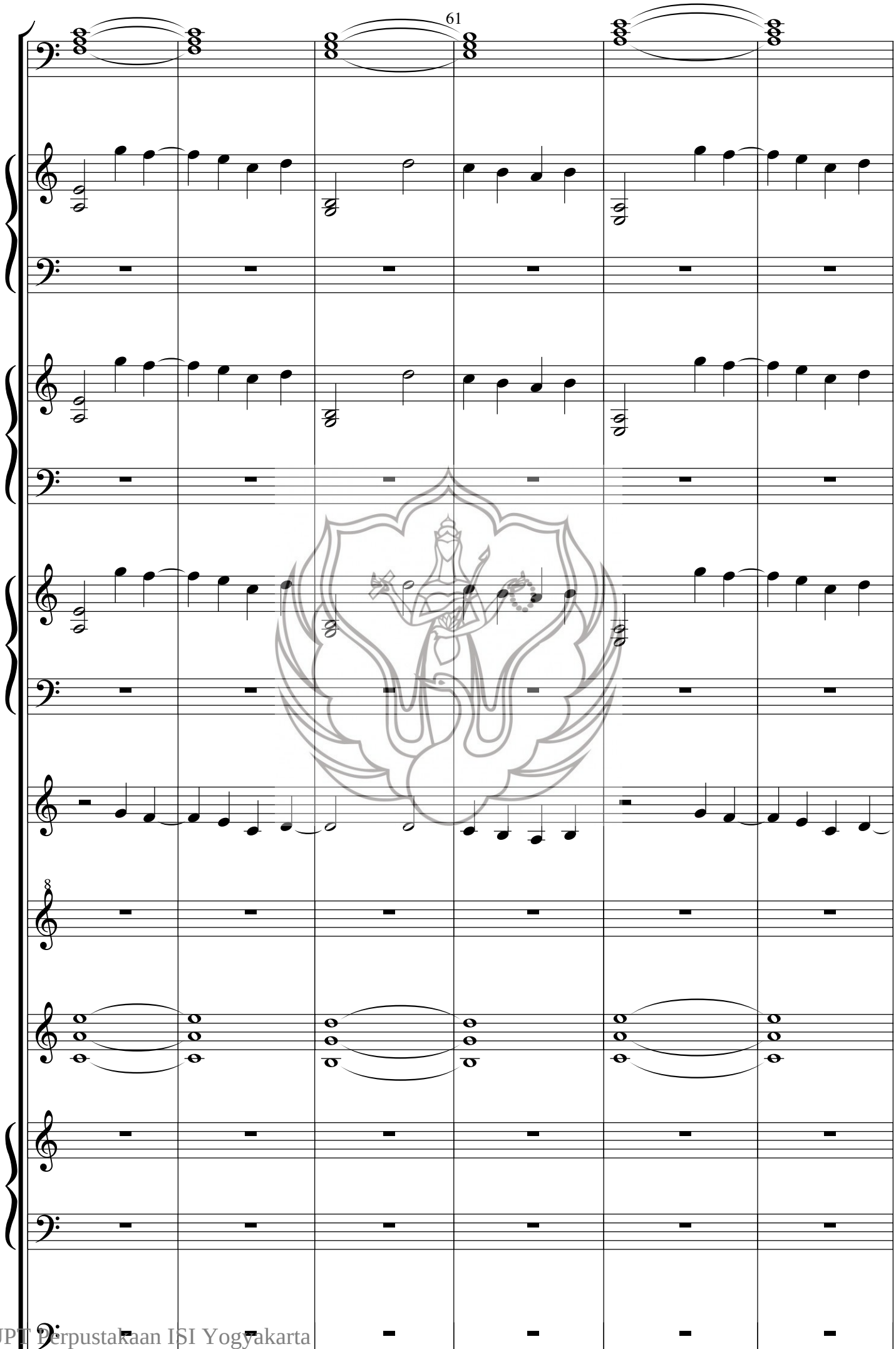

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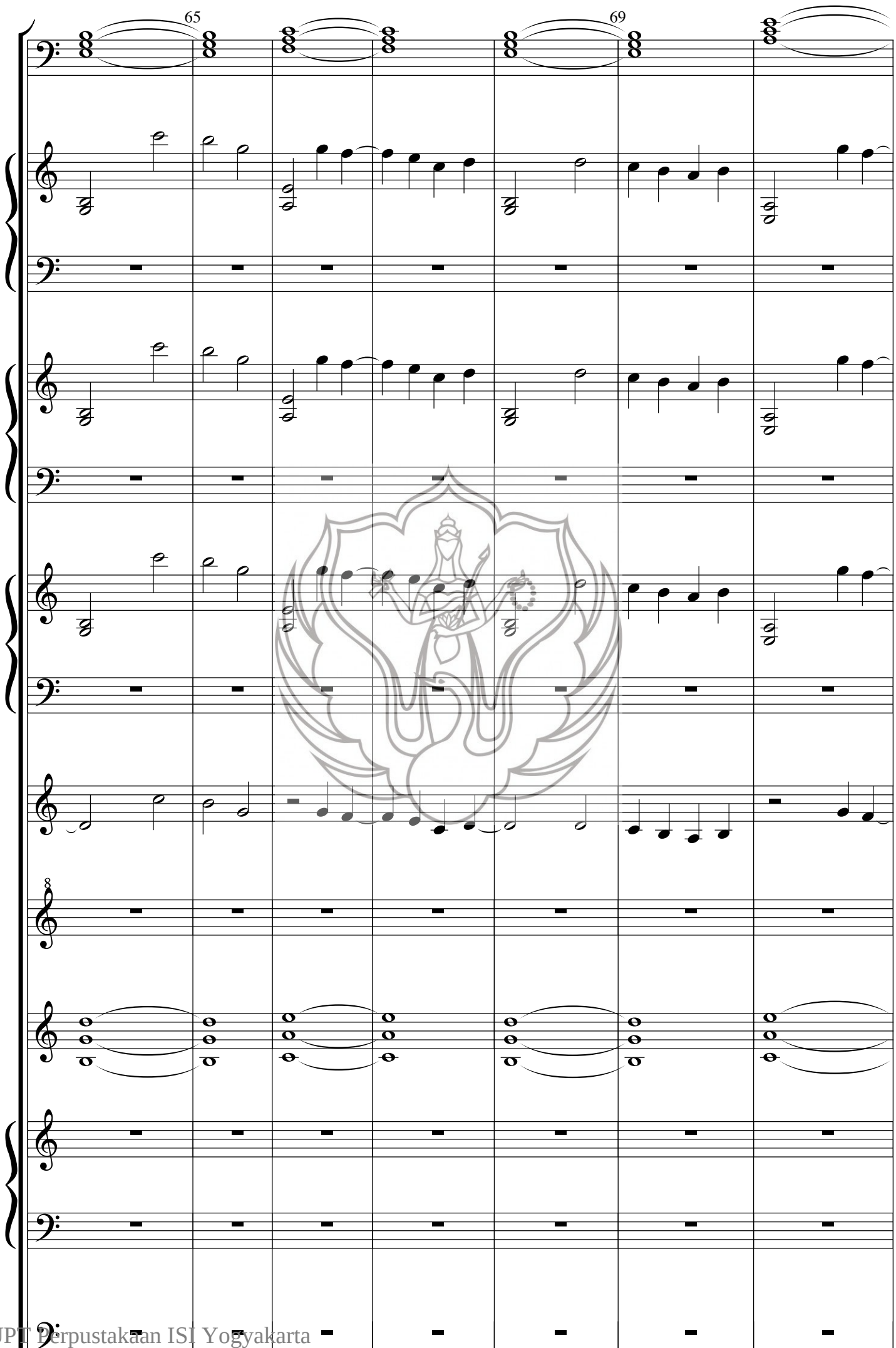

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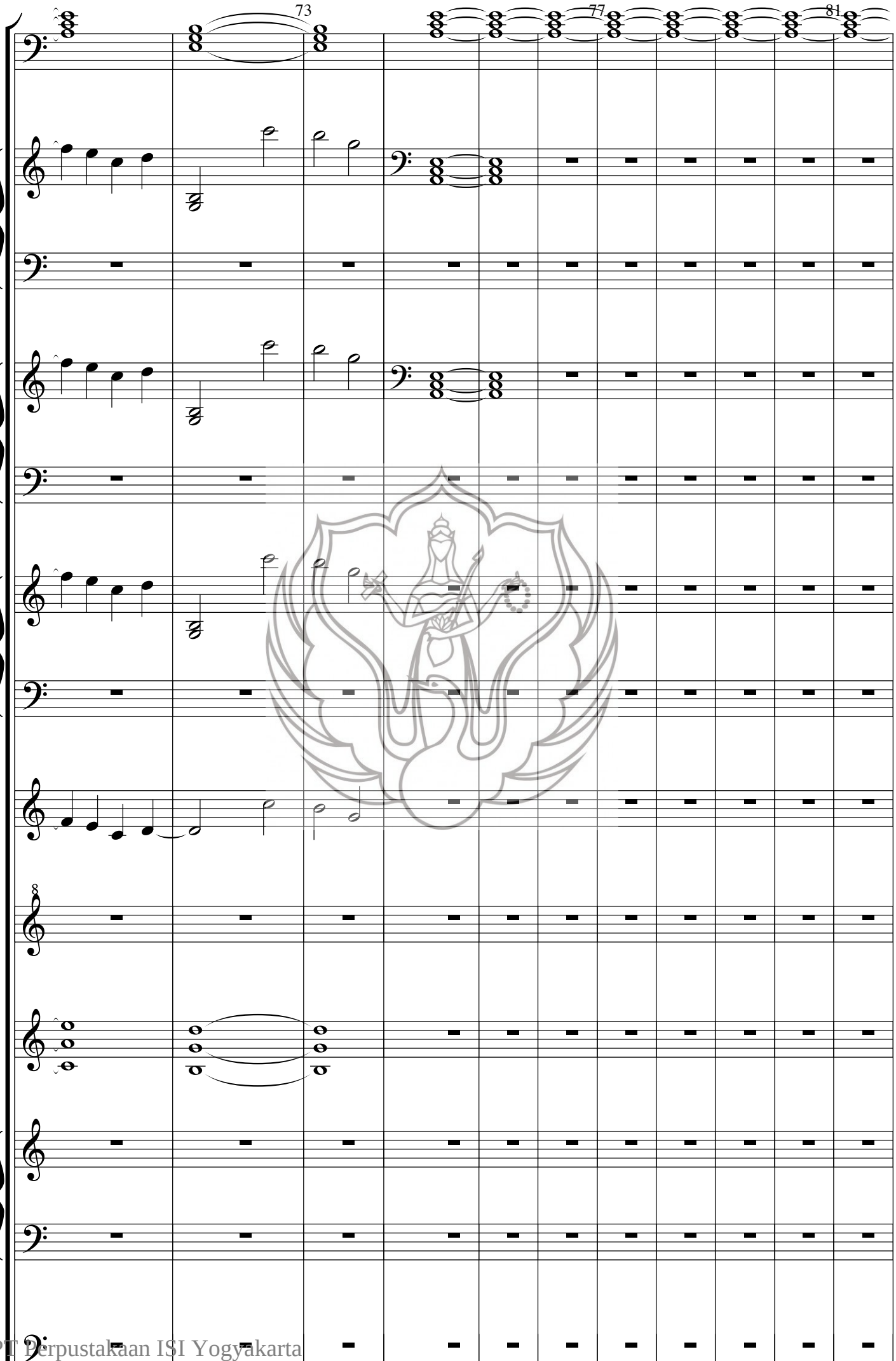

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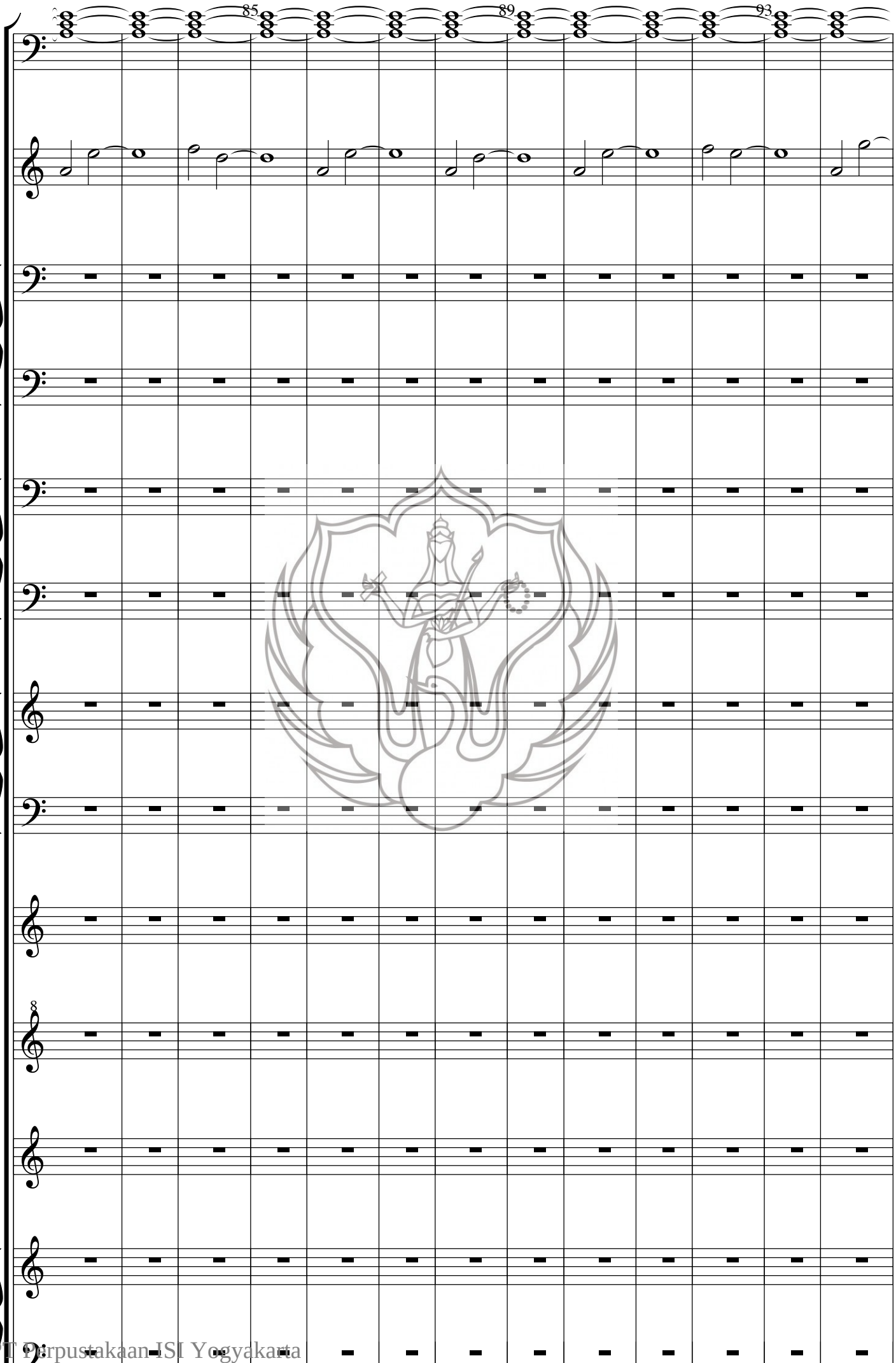

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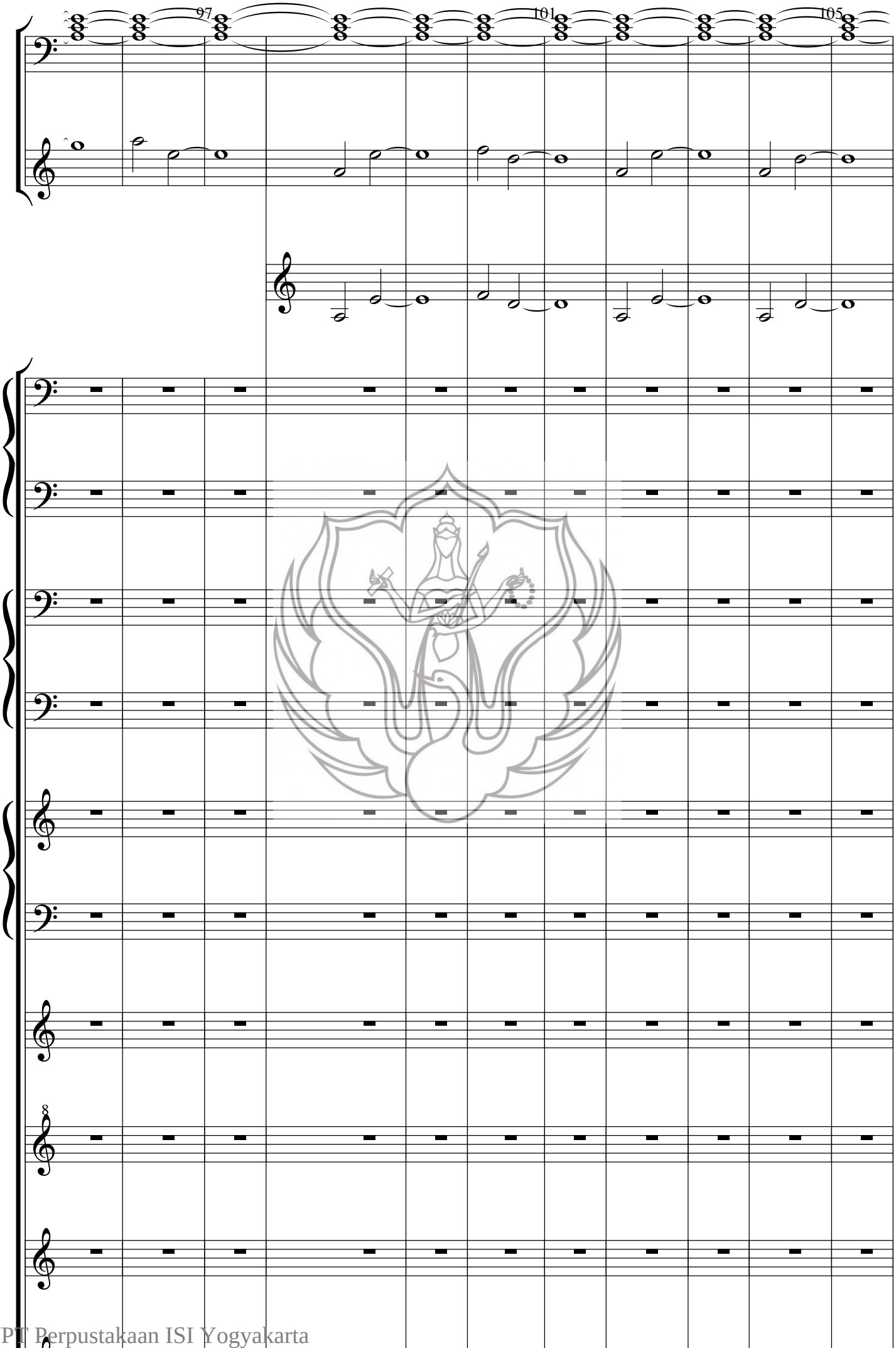

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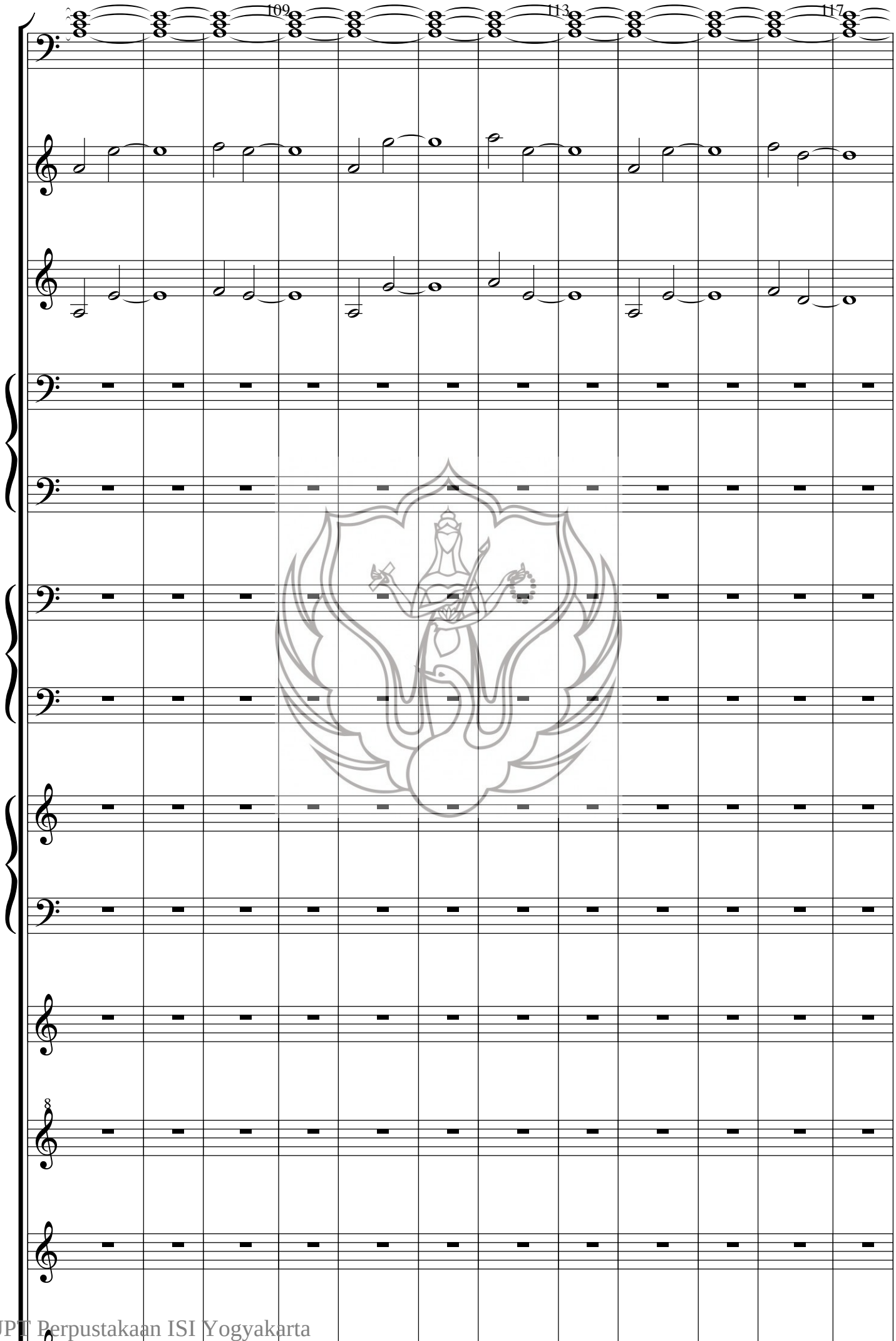

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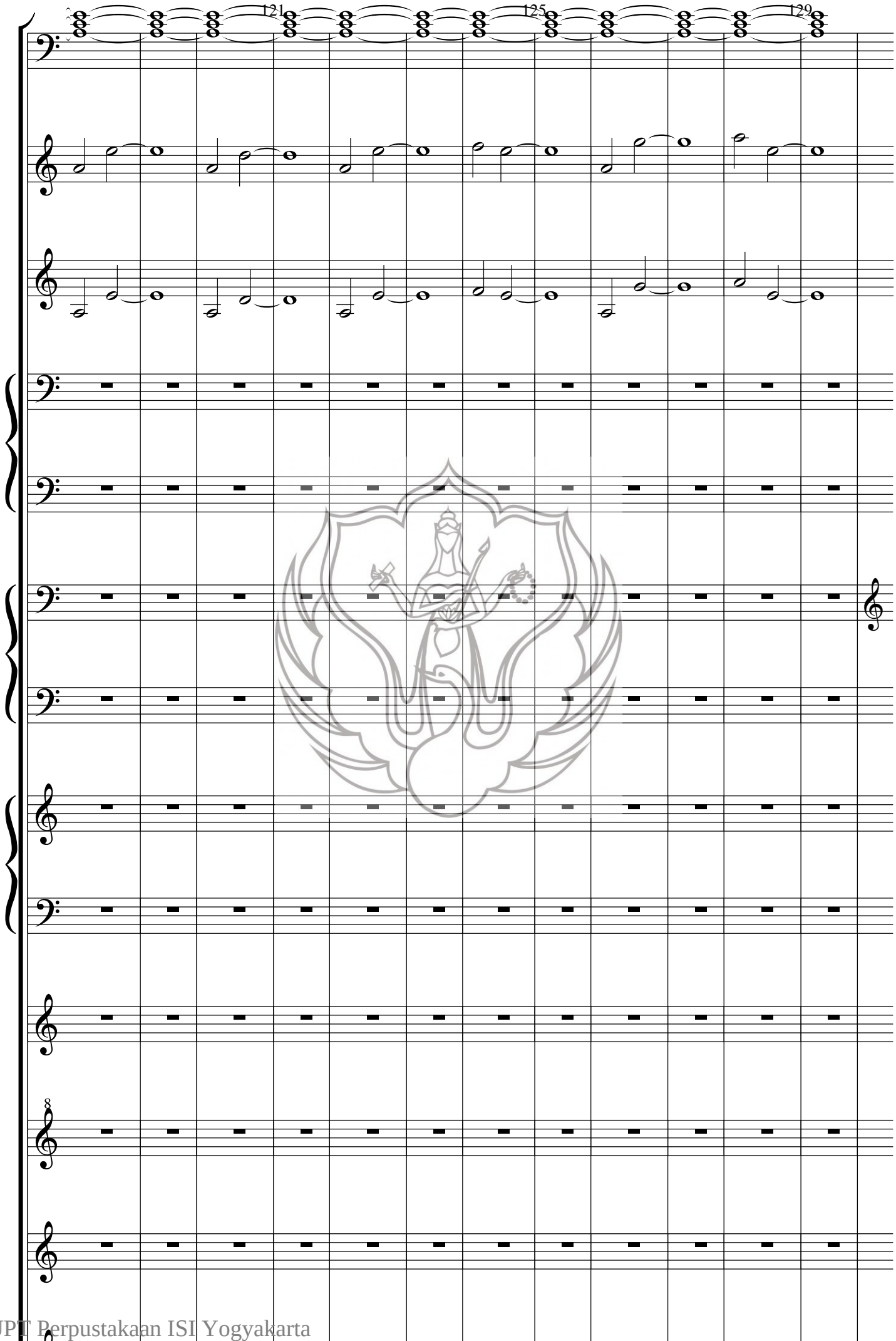

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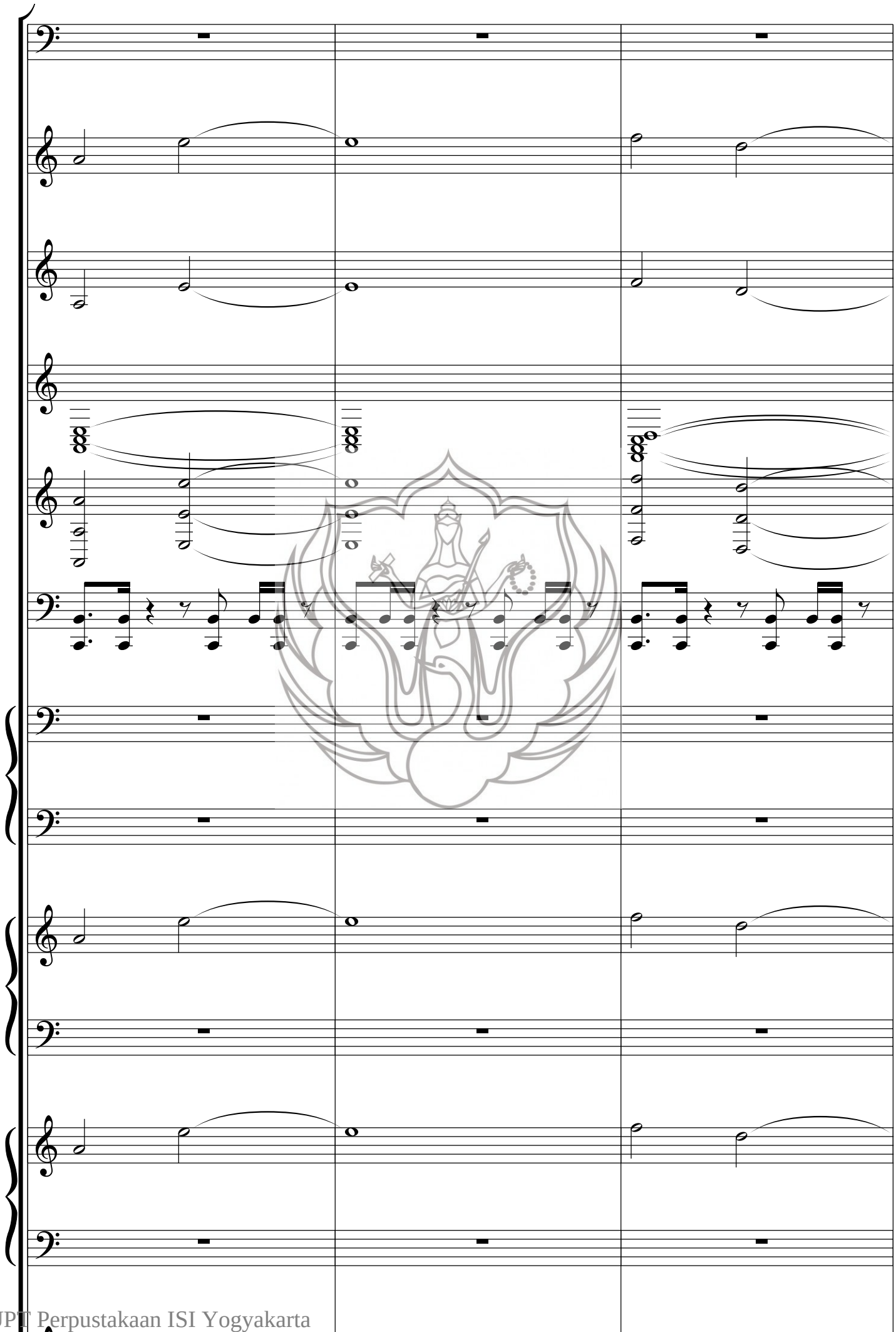

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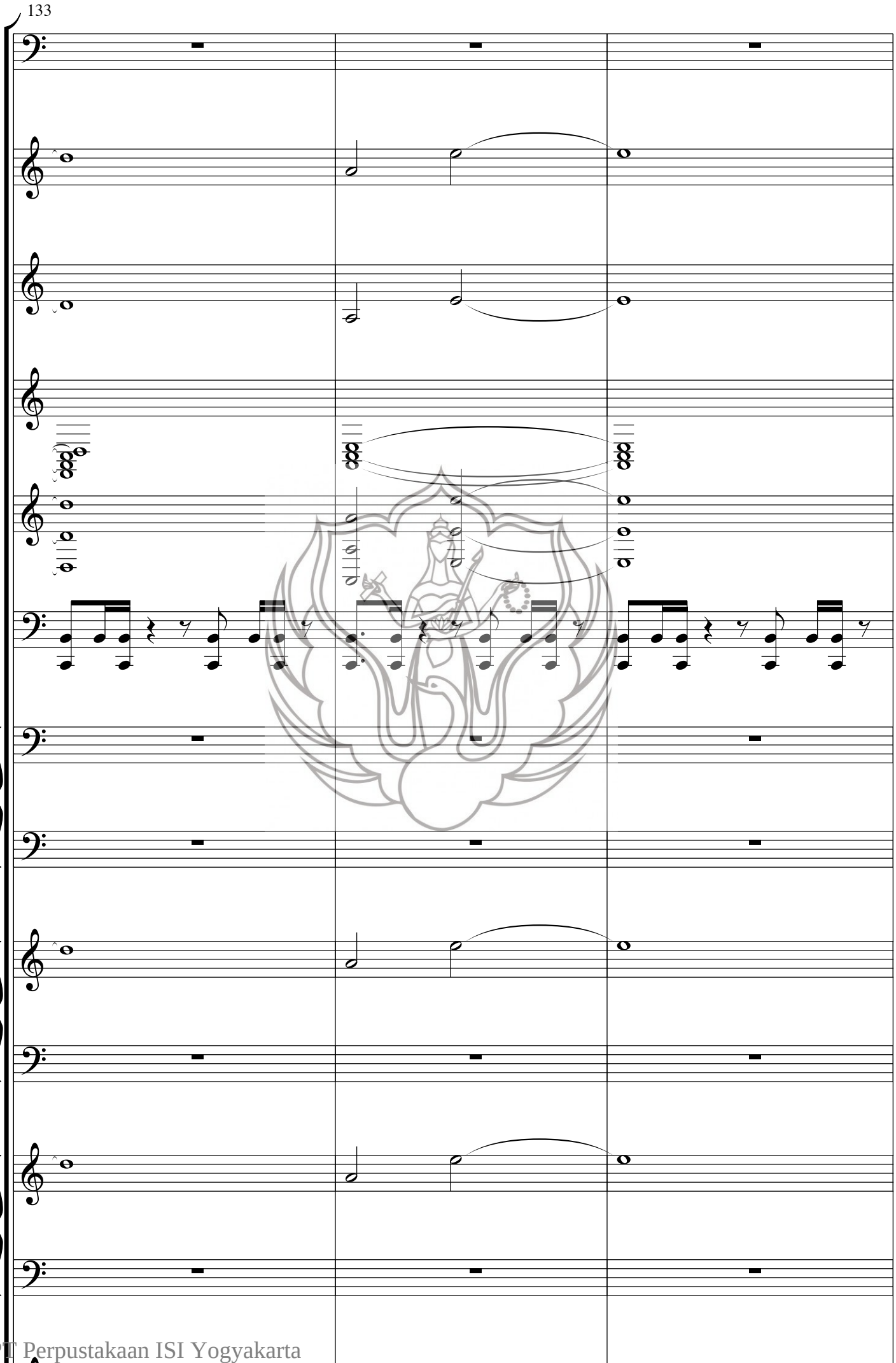

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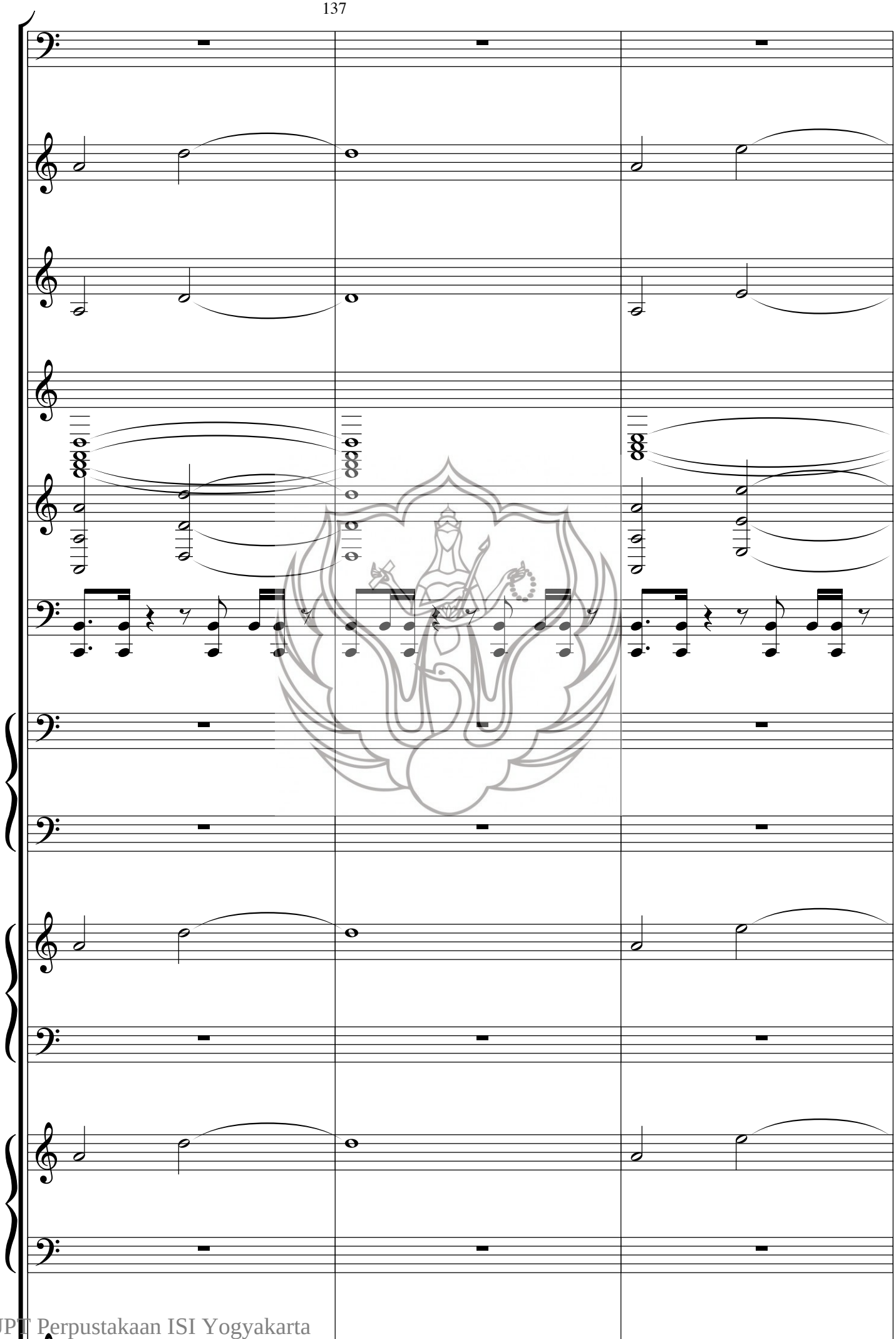

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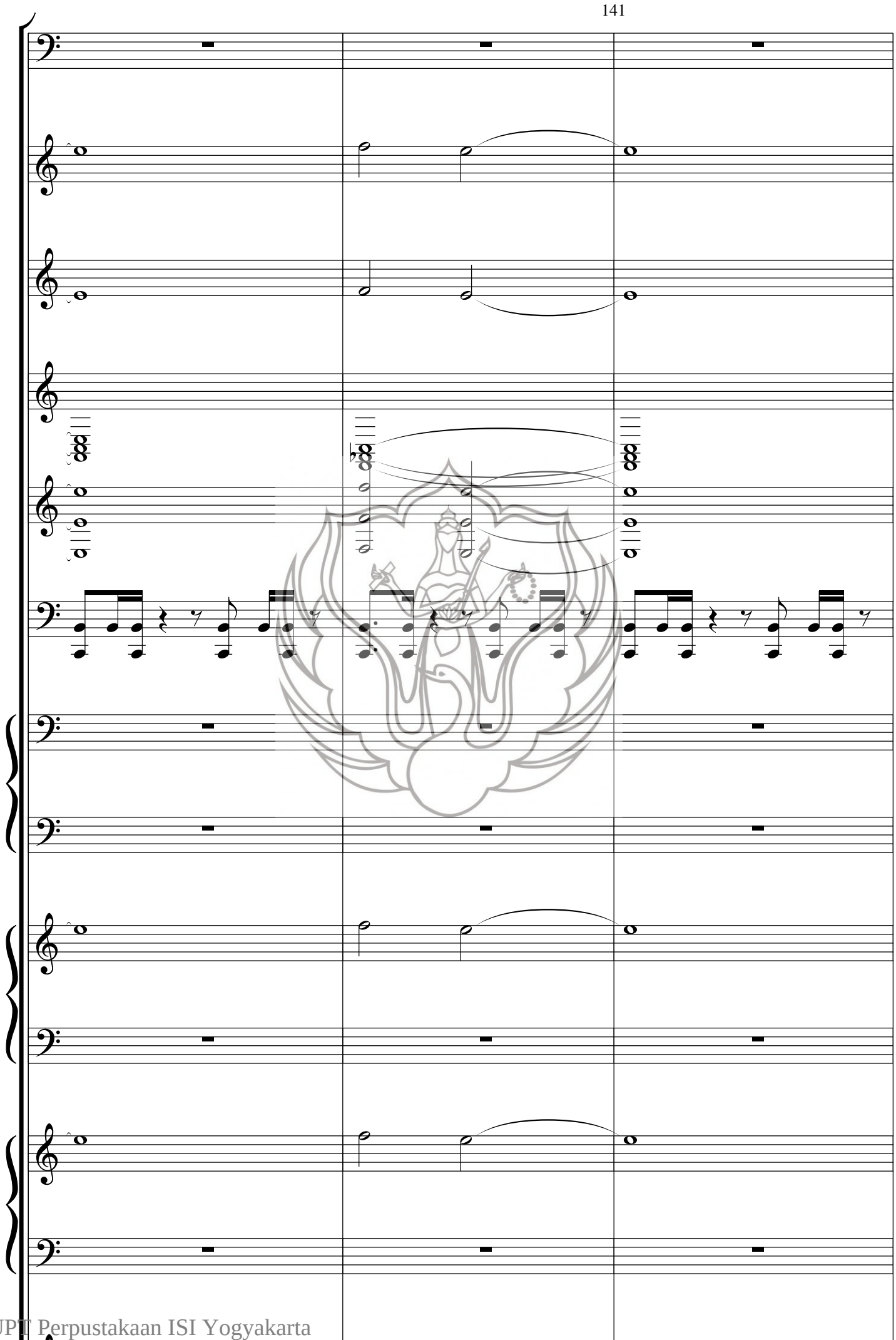

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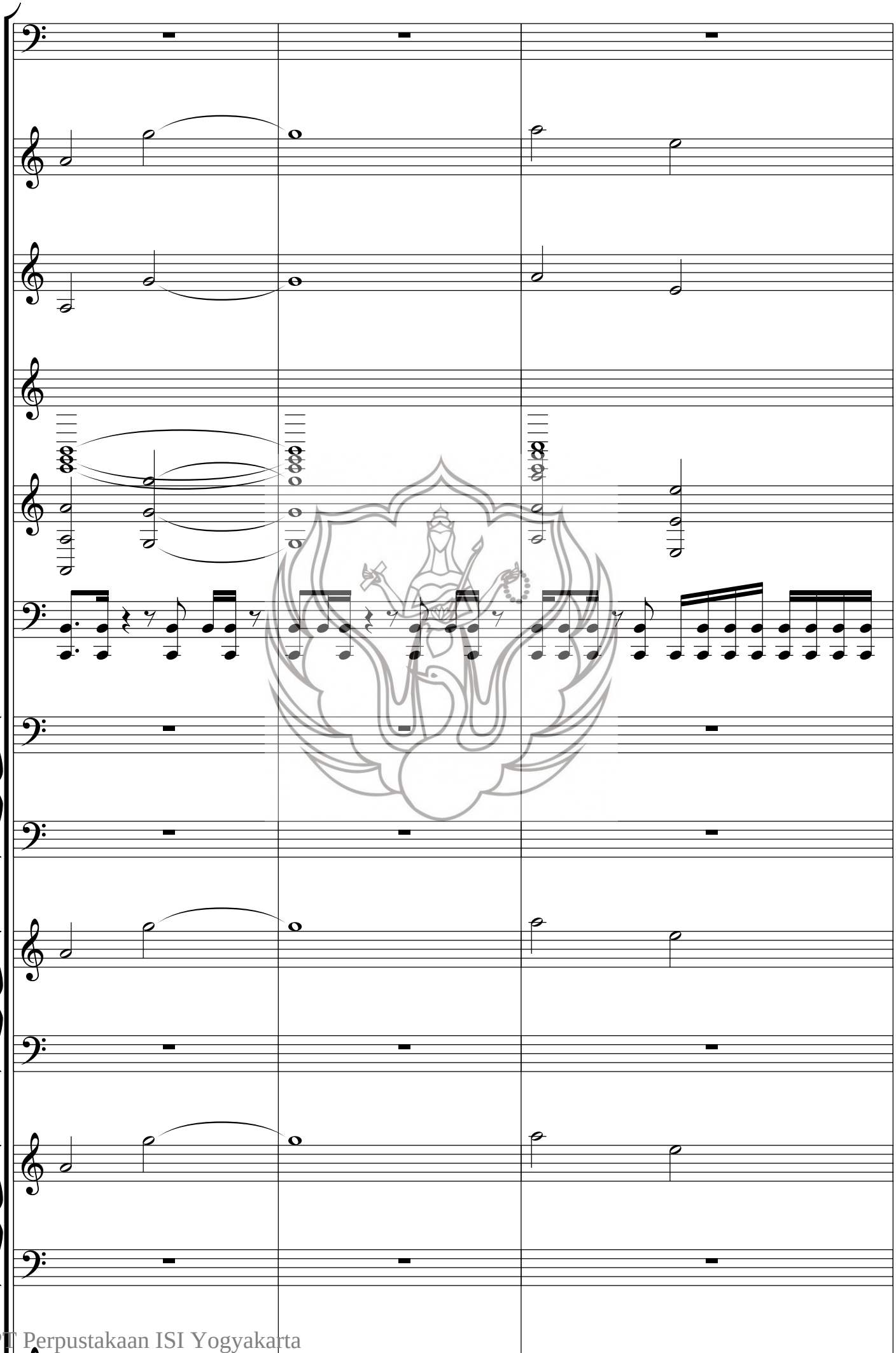

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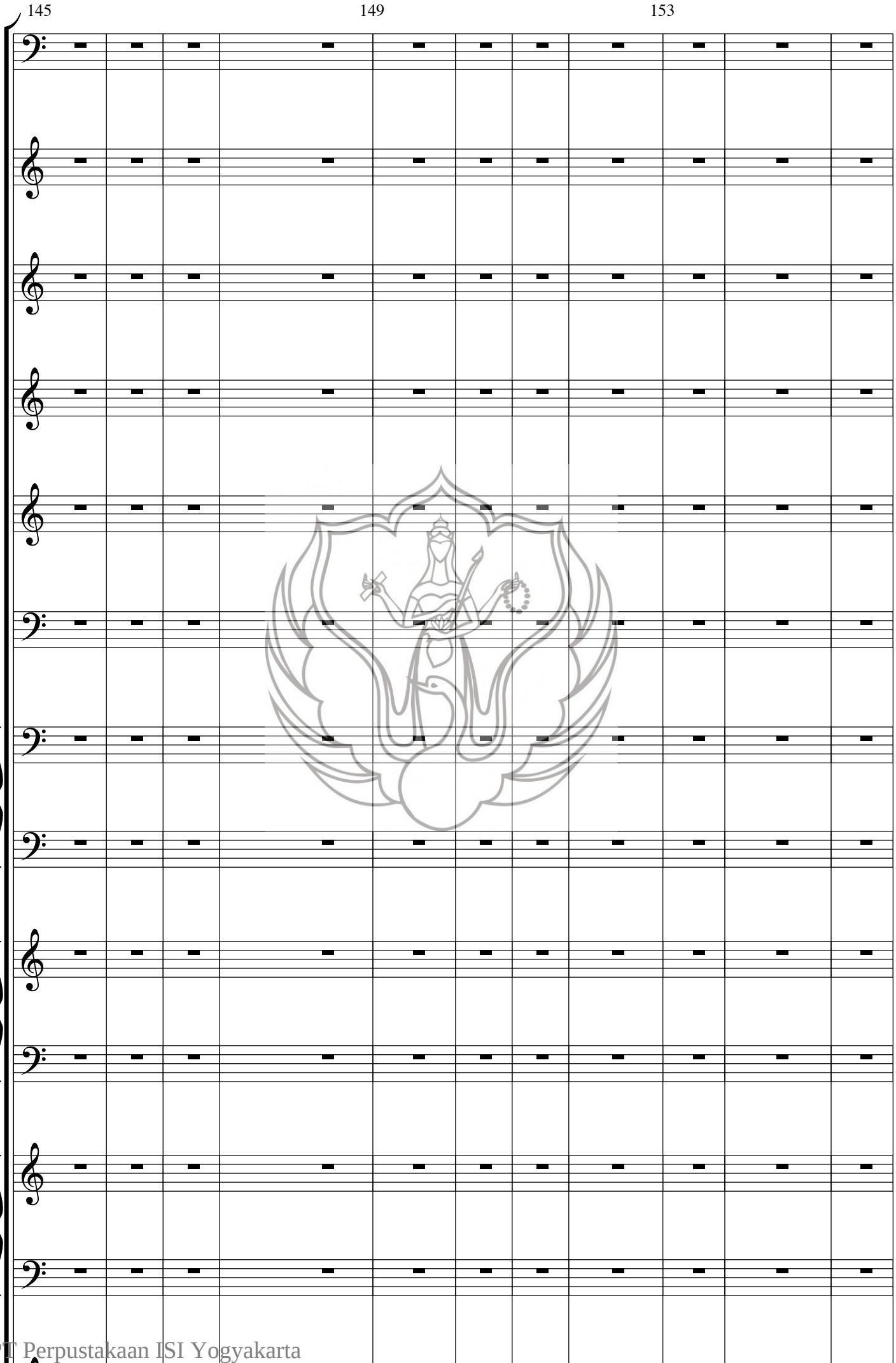

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